



Bega
Garnbirringu
HEALTH SERVICE



Bega Garnbirringu Health Service Environmental Health Team

Presenters: Cody Winter & Jamarl Sambo



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“We would like to acknowledge the Traditional Owners of the land we are meeting today. We pay our respects to the elders past and present – who have protected and preserved the wellbeing of our health, culture, and land for future generations”



Bega Garnbirringu Health Service

- Bega Garnbirringu Health Services Incorporated (formerly Kalgoorlie Aboriginal Medical Service) was established in July 2013, as a part time medical clinic in South Kalgoorlie. Only a small number of staff were employed at this time and resources were very limited. The service quickly grew, in particular from 1991 when the first full time doctor was employed.
- In 1993 the name was changed to “Bega Garnbirringu”, which means ‘sickness gets better’ in the local Wongutha dialect.
- Approximately 26,000 client consultations are conducted every year in the Clinic and Bega aims to provide a friendly, holistic and culturally appropriate primary health care service to the Aboriginal and Torres Strait Islander people of the Goldfields region of Western Australia.
- Bega Garnbirringu has an extensive range of 15 programs and employs approximately 100 staff



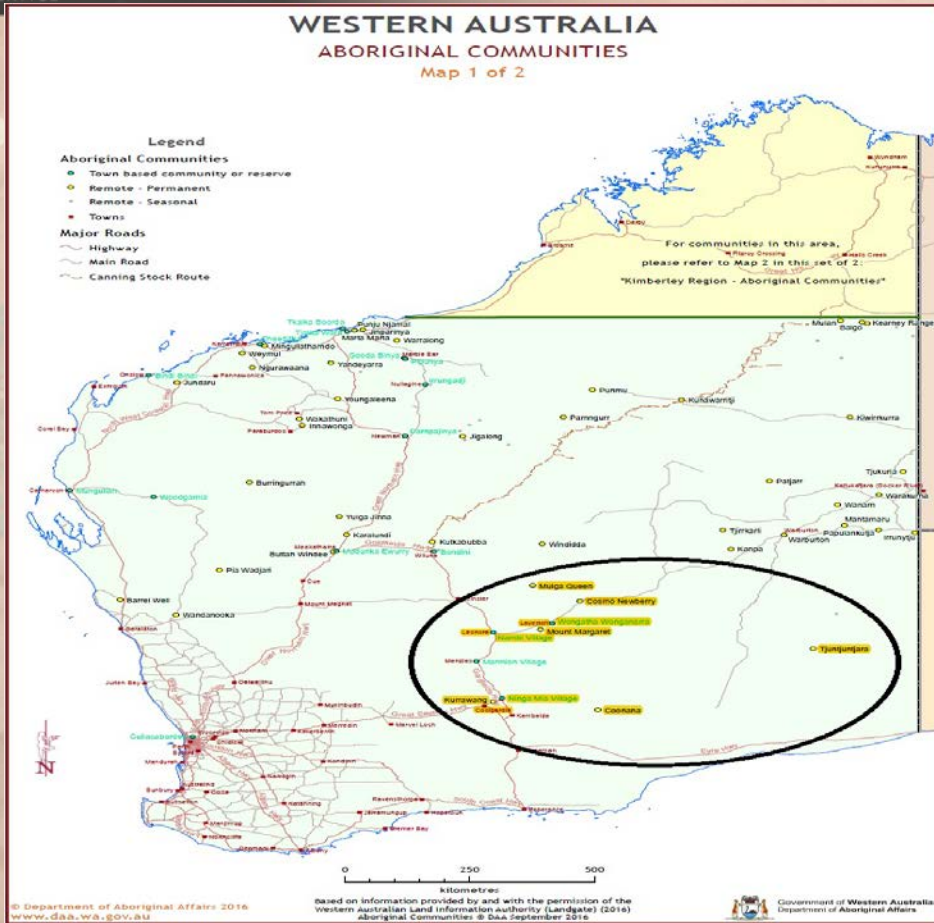
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Bega Garnbirringu Logo

The Green vine is the Karkula or Silky Pear, which stems up of out Kalgoorlie and circles Australia for unity. Green is for healing and life and the vine has seven silky pears on it, which represents the seven states of Australia, the dreamtime story of the seven sisters, and the stars in the sky.



WESTERN AUSTRALIA ABORIGINAL COMMUNITIES Map 1 of 2





Current programs and Services

Clinical Services

- Medical reception
- Transport officers
- Doctors
- Aboriginal Health Practitioners
- Mobile Clinic
- Onsite pharmacy

Health Programs

- Environmental Health
- New Directions
- Tackling Indigenous Smoking
- New Directions
- Allied Health (Specialists clinics)
- Crèche



Social Support

- Homeless & Fringe Dweller Support
- Rough Sleeper
- Youth Support Program
- Community & Safety Wellbeing
- Sobering up Centre

Nindila Training Centre



Environmental Health Team

- Our Environmental Health team consist of 1 EH co-ordinator and two qualified EH Workers, who work within the Goldfields area including outlying communities to provide assistance with dog sterilisation and euthanasia, sanitation and waste disposal, pest control, hygiene and minor plumbing works.
- The team make regular trips to the outlying Communities such as Mount Margaret, Cosmo Newberry, Leonora, Laverton, Tjuntjuntjara and Ninga Mia providing education and assistance. The team works closely with the City of Kalgoorlie/Boulder, Population Health, Department of Housing in all environmental matters.
- The main objective for the Environmental Health team is early prevention of disease caused by surroundings. This means we look at a wide variety of issues our clients might be having so we that we can help manage and/or improve their own healthy environment



Programs/Services we Deliver

- Dog Health/Sterilization
- Home hygiene inspections
- Pest Control
- Water testing and monitoring
- Rubbish Control
- Assist with House/Yard clearing
- School presentations and educational sessions
- Community Clean ups.
- Sustainable Gardens education and implementation



Dog Sterilisation Program

Dog Sterilisation program

We are lucky enough to be able to have worked along-side some great vets, running a program into remote areas. Recently it was with a bloke call Pete and his offsider Sal, they are from the Katherine Vets service and I call him the John Travolta of the vets as he has his own plane that flies into communities to do the de-sexing program. Pete and Sal were really great, they are bush smart and adapt to any situation in the bush. Pete is very quick when doing a de-sexing as he would use the tranquilizer gun to drop the dog then have the job done before drugs wears off.



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Dogs in dog cage waiting for de-sexing
Expensive machinery and lengthy time



On the spot de-sexing no expensive
Delicate machinery





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Blankets needed to keep temp right
After a few dogs blankets need renewing



Can make a fire on the spot to keep dogs
Temp right no need for more blankets

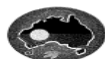


Home Assessment & Hygiene Kits

- We visit all communities a minimum of every 3mths which is when we would do a house hygiene inspections. Or as we like to refer to it as reverse rent inspections.
- We go through the assessment and fill it out with the clients. Most of our clients will put up with issues in their homes, but we explain to them why they pay rent and what it covers and how not reporting these issue's and getting them fixed will lead to bigger problems down the track.
- A lot of the issues we find are minor plumbing, holes in walls and doors which can be fixed by our team. The cost of getting a plumber or builder into these communities as we all know is quiet expensive but now with a change of legislation within the Plumbing Board of WA we are now able to complete minor plumbing repairs , and forward any larger issues back to housing.
- After we do our initial assessment the tenants are given a hygiene kit to help keep the house clean and includes: Mop, Bucket, Broom, Disinfectant, Scourer, Dust Pan and Brush and toilet brush to help keep hygiene standards up and prevent disease. After the assessment has been finalised any issues are discussed with the clients and any findings reported to the relevant bodies for repairs. Any ongoing issues that don't get actioned are then reported to the Department of Health for immediate action.



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**Environmental Health
House Inspection Checklist**



Community: _____ Date: _____

Tenants Name: _____ House Number: _____

OUTSIDE OF HOUSE	Y	N	COMMENTS
Leaking Taps			
Septic Tanks OK			
Septic Lid Broken			
Inspection Opening OK			
Leach Drain OK			
Overflow Gully OK			
Relief Vent OK			
Clothesline OK			
Windows OK			
Front/Back Door OK			
Rubbish Bin Present			
Rubbish Around Yard			
Car Bodies Around Yard			
Number of Dog Kept			
Dog Faeces on Ground			
Broken Glass Around Yard			
Mosquitoes/Flies			
Other			

INSIDE OF HOUSE			
OVERCROWDING			
Number of Adults	No.		
Number of Children	No.		
Infants under 3 mths Present			
Number of Bedrooms	No.		

GENERAL CONDITION			
LAUNDRY	Y	N	COMMENTS
Blocked/Damaged Floor Waste			
Hot Water Problems			
Taps Missing/Broken			
Leaking Taps/Pipes			
Wash Trough Blocked			
Laundry Floor/Area Clean			
Dangerous Electrical Fittings			
Lighting Good			
Others			

KITCHEN AREA	Y	N	COMMENTS
Kitchen Floor/Area Clean			
Blocked/Damaged Floor Waste			
Hot Water Problems			
Taps Missing			
Leaking Pipes/Taps			
Sink Clean/Works Fine			
Signs of Pests (roaches/mice)			
Benches Clean			
Drawers Clean			
Cupboards Clean			
Food Covered/Safe			
Fridge/Deep Freezer Working			
TOILET			COMMENTS
Flushes Properly			
Blocked			
Damaged Bowl			
Seat Missing/Cracked			
Leaking Pipes			
Cistern Running Constantly			
Other			
BATHROOM			COMMENTS
Blocked/Damaged Floor Waste			
Hot Water Problems			
Taps Missing			
Leaking Pipes/Taps			
Sink Blocked			
Exhaust Fan Working			
Ventilation Good			
Signs of Mould			
EDUCATION	Y	N	COMMENTS
Spoken to Householders about Healthy Living & Report Problems Immediately			

ADDITIONAL COMMENTS

Inspection sheets and Hygiene kits



Front door missing

A few common house hygiene
issue's
We come across



Missing shower roses
And broke soap holders

Blocked pipes and where builders have not completed jobs





Sustainable gardens

- This program came about after our CEO attended a conference and saw these and asked if it would be something we could or would be interested in doing. it was presented by **David De Vries**
- Blue plastic barrels are used as plant pots with the fruit tree in the middle and veggies and herbs around the tree (this gives you a long term and short term growth period making it more enjoyable with the veggies and herbs coming through people are more likely to keep it going until fruit tree is ready)
- Great for community's on restricted water and for community's that are not able to get fresh fruit and veggies
- Easy and fun to make and maintain



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Blue Plastic Barrel (these can be found in various places car detailers and tyre shops as they are used to carry liquids, approx. \$10-\$15 barrel)

Drainage mat (Bunnings, approx. \$42.60 for 2x6m)

Soil about 2 bags per barrel (Bunnings, approx. \$3.00 per bag)

Mulch (Bunnings, approx. \$3.00 per bag)

Plants (Bunnings, when buying the veggies and herbs refer to growing charts as to know what plants are in seasons and growing times, fruit tree approx. \$20-\$25, seedling approx. \$3.00 of a set of 6)

Tools Needed-Jigsaw to cut out shapes, drill for pilot holes, permanent marker ,trowel, drill Bits ,jigsaw blades, Safety Glasses and Gloves.



Clean barrel ,mark out top design , mark out overflow , cut out designs , cross over plastic at bottom to make sump.



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Add drainage mat , add soil ,plant fruit tree in the middle and veggies and herbs around outer
Add your mulch, When you fill up it will overflow at the holes at bottom this tells you sump if full
The drainage mat help wicker the water up keeping the plats watered.





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Thank You

If you would like any info on anything you have seen please come and speak to Jamarl he is more than happy to yarn