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Yirrganydji people

# Young Doctors



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*noun*

Warlpiri, Pintupi

Companion, company, friend on the journey

*Ngananya mukuringanyi ngayuku malpa pitjanytjitkitja?*

# Closing the Gap

- Halving child mortality **Fail**
- Closing Life Expectancy **Fail**
- Increasing early childhood ed. **Fail**
- Increasing school attendance **Fail**
- Improving numeracy & reading **Fail**
- Halving employment gap **Fail**
- Increasing year 12 graduates **On-track**

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Hope has two beautiful daughters.  
Their names are Anger and Courage.  
Anger at the way things are.  
And Courage to make sure they  
do not remain the way they are.

Augustine

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Warlpiri Camp



Alice Springs

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## OTITIS MEDIA

Up to 92% of Indigenous children under 11 years

*\* World Health Organisation says anything over 4 % is a “health emergency”*

83% of male Indigenous prisoners  
in NSW (2015)

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No school

No job

Prison

Chronic ill-health

Diabetes, renal failure



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# The King's School Parramatta



Science Learning Centre

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Marlene Spencer Nampitjinpa



Rex Granites Japananka



Nora Nelson Napatljari

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Malpa Mob 1,000 +

Safe Housing

Indoor air quality

Clean hands and face

Blow nose

Healthy ears – noise pollution

Good food choices – food safety

Advocates for safe roads



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# YOUNG DOCTORS

Namadgi Doctors

Umbarkalya Doctors

Dhalayi Doctors

Wandarra Doctors

Ngargin Doctors

Boori Doctors

Tji Tji Doctors

Bubup Doctors



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Health Leadership  
Hygiene  
Health Literacy



Nutrition

Environmental Health

Well-being & Identity

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OLD ways



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NEW ways

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# Young Doctors





# Bush City Country



Grades  
3, 4, 5, 6

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Great school attendance

Kids sharing their new learning

Happy to come to school

Happy to see a Doctor

Parents involved in school

Thinking about a career

Know more about Aboriginal Culture



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# Why this works

Local Indigenous people shape the agenda  
– there is no “one size fits all”

Local Indigenous people manage & deliver the program

Indigenous and non-Indigenous young people learn together

Young Doctors learn the Old ways  
& New ways of health

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# Why this works

Elders are honoured & placed front and centre

The projects are grass roots, bottom up

It's teaching health & developing leadership locally

Everyone benefits: the young people,  
the community, the entire school cohort

The outcomes attest to the method

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Umbarkalya Doctors  
Utopia

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# Ngargin Doctors



Barrack Heights

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# Aldinga SA



Wakwakko Doctors

NSW Northern Territory  
Victoria ACT  
South Australia



800 Already trained

200 Being trained now

450 Trained in 2018

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*Clear heads. Strong hearts. Long lives.*

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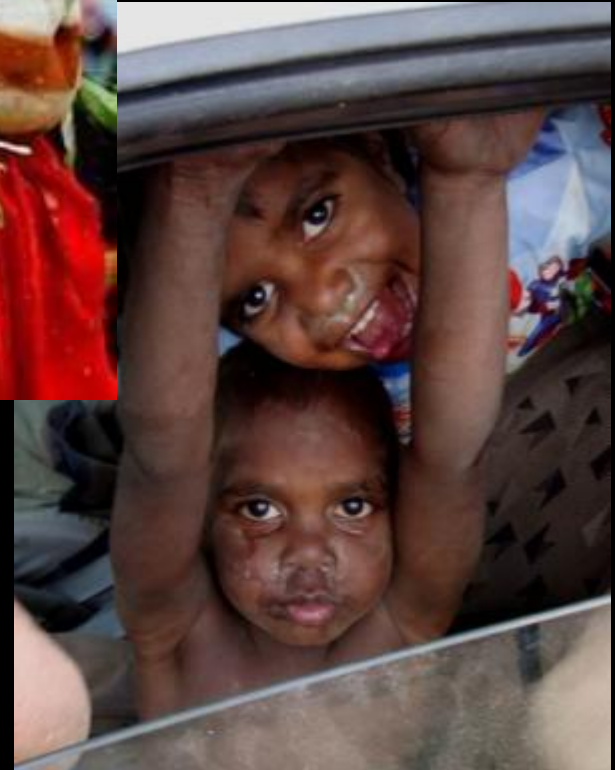


Thane Sampson



Lachlan Williams

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# Gadigal Country



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Dhalayi Doctors  
Greenhill

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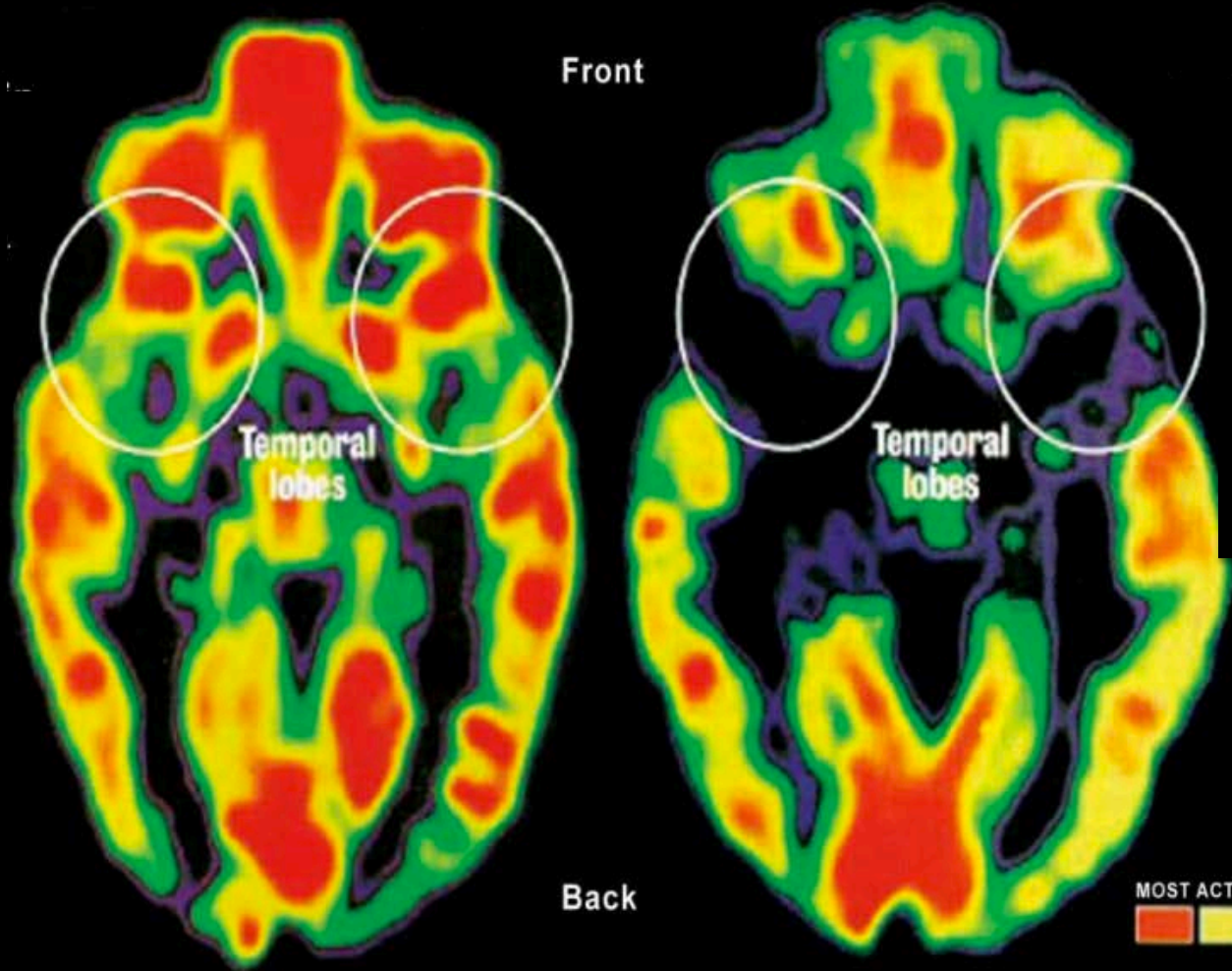


*...an outbreak of health”*



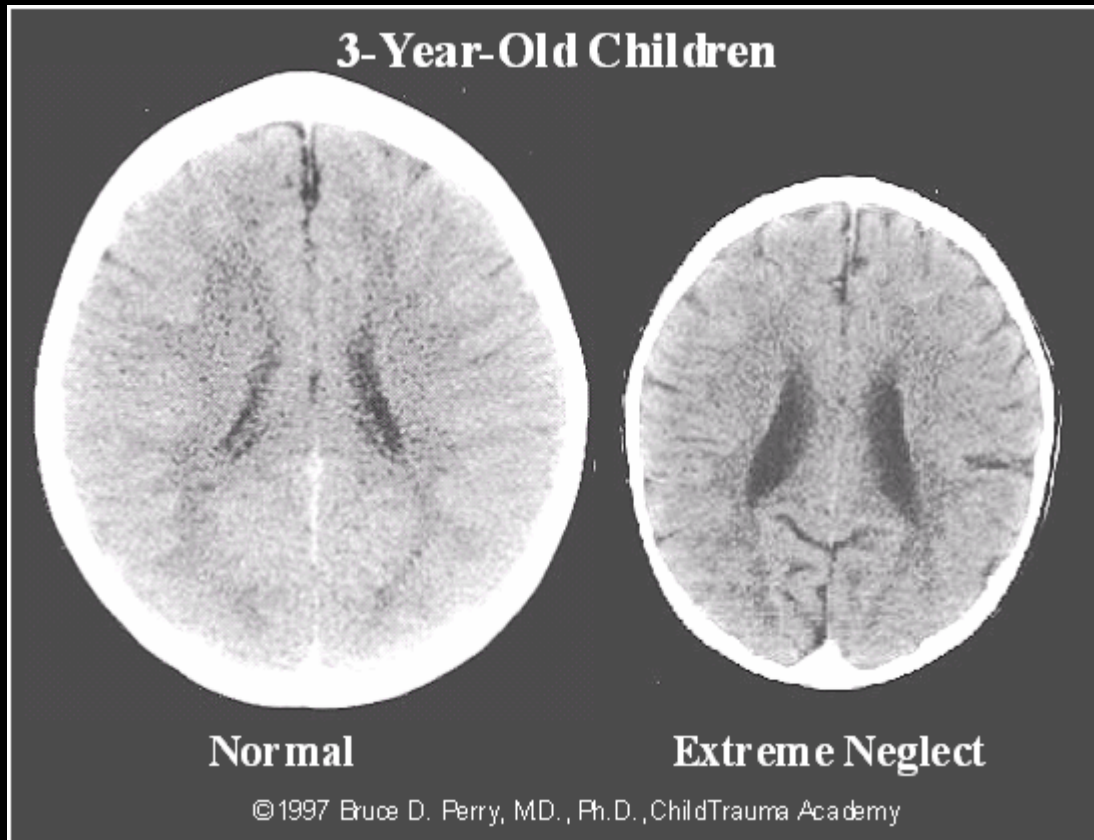
Dr Howard Goldenberg

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# Romanian orphanage study 1997



# Illawarra Aboriginal Health

<b>Hospitalisations</b>	Two times
Chronic Repertory Disease	5 times
<b>Diabetes</b>	2.5 times
Low Birth weight	Two times
<b>Cancer</b>	Two times
Prostate	Two times

# Since becoming a Young Doctor

Usual school attendance	97 %
Children reported sharing their new learning	100 %
Know more about Aboriginal Culture	100 %
Happy to see a Doctor	100 %
Feeling happy to come to school	98 %
Thinking about a career	100 %
Can identify three people in their community to ask about health	99 %
Parents who felt school is more supportive	100 %



Rex Japanangka

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# Is anyone listening?



Bangladesh –Little Doctors

Johnson & Johnson

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Dame Nellie Melba

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# HUMAN DEVELOPMENT INDEX

COUNTRY

NATIONAL

INDIGENOUS

Australia	2	103 (187)
Canada	8	32
New Zealand	20	73
USA	7	30

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