



A partnership approach: Utilising Environmental Health Workers to deliver health messages

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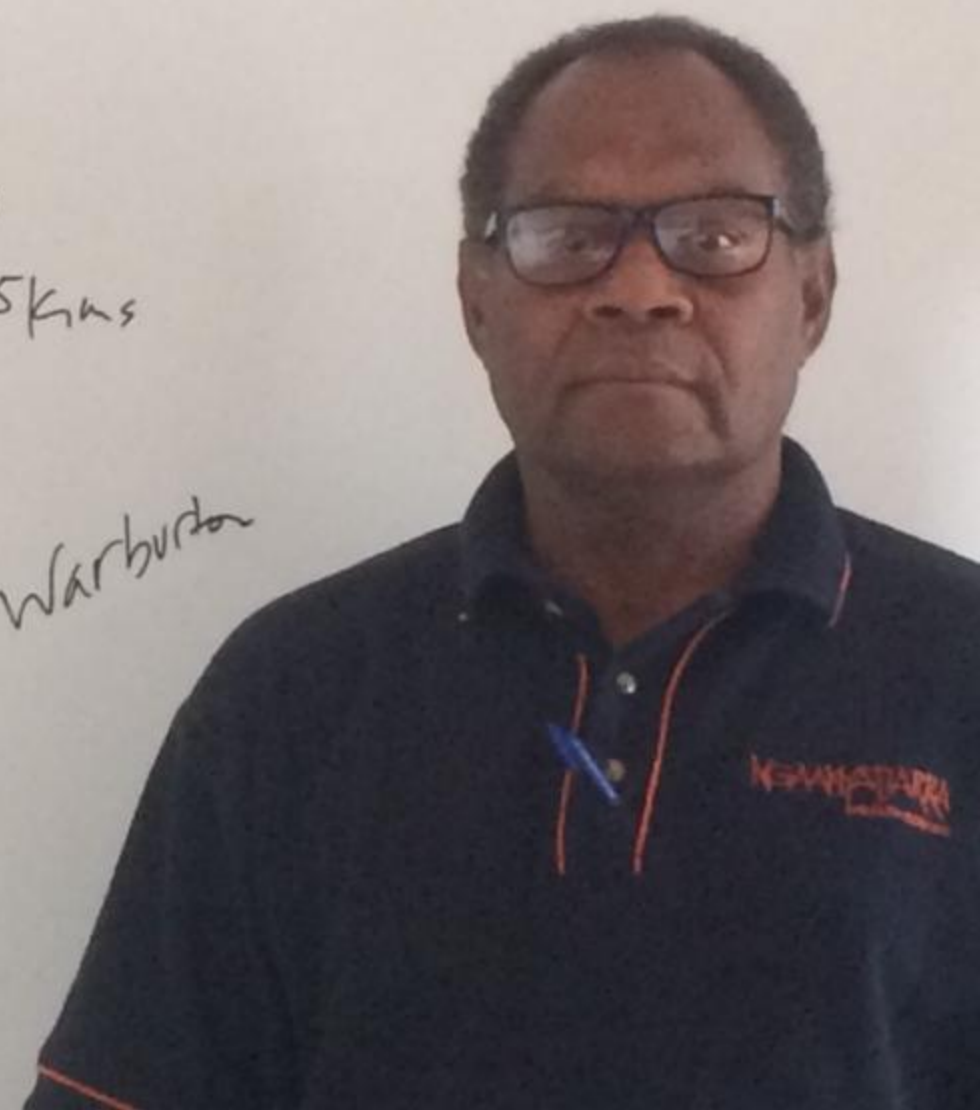
Environmental Health Workers



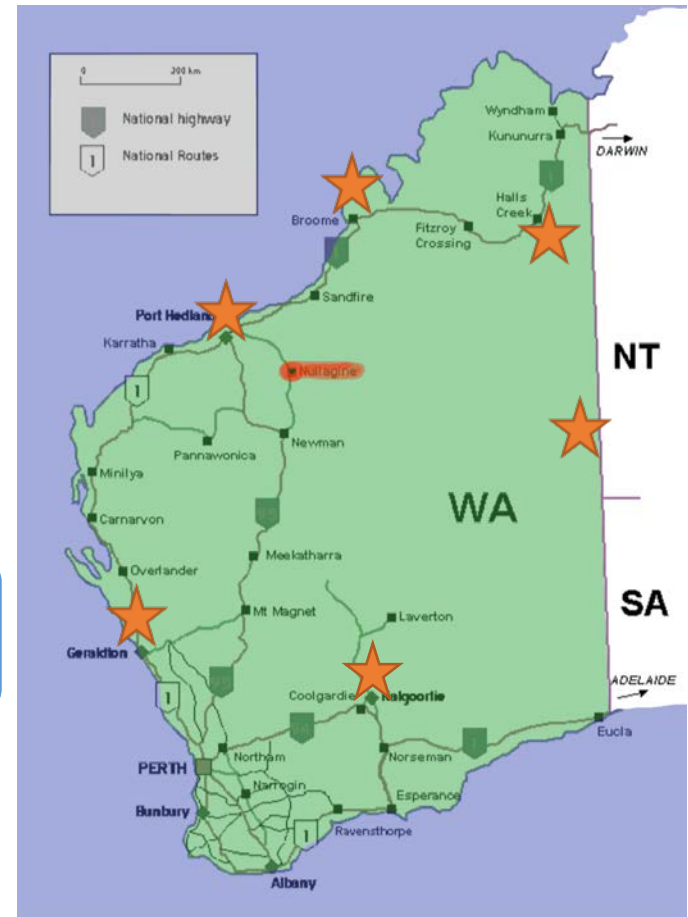
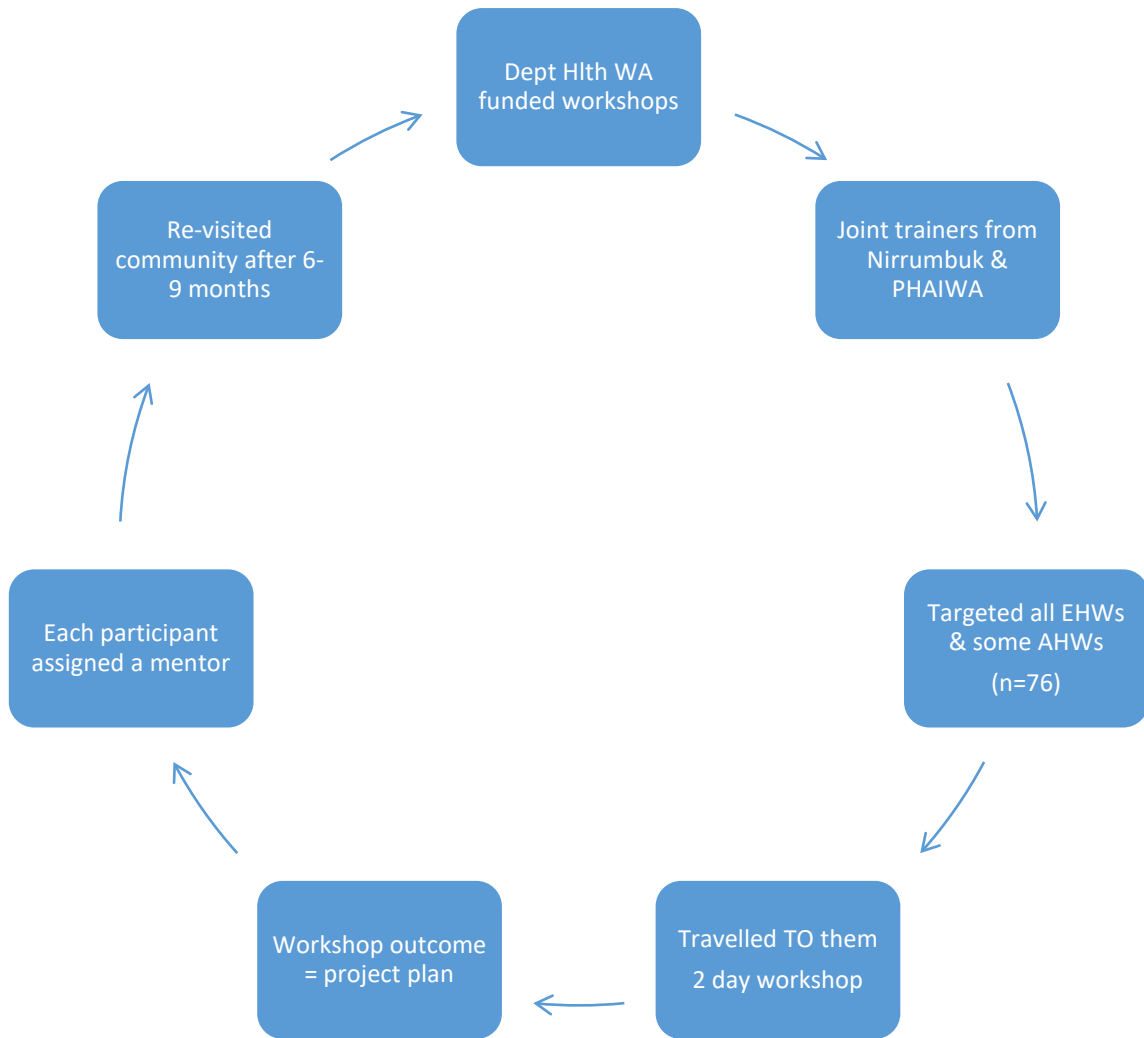


It's challenging work

1. Warakurna -
 2. Wanarn - 78Kms
 3. Jameson - 70
 4. Blackstone - 70
 5. Wingellina - 70
 6. Tjukurba - 105Kms
 7. Kiwirrkurra
 8. Patjarr
 9. Tjirkarrli
- } Warburton



Remote community workshops



Think Differently...

- Examples of message dissemination with emphasis on verbal strategies
- Links to local EH Action Plan
- Basic behaviour change
- Stories from the EHWs as applied to the diagram
- How to develop a message
- Resource development
 - PowerPoint
 - Pamphlets & posters
- Social media
- Outcome = development of a local project plan



The 4-Part Key Message

1. Umbrella Statement

Umbrella statement

Scabies is everywhere in our community. It is preventable. You can keep your family healthy.

2. Backup Points

- a. *Back up points*
- b. a. Scabies occurs in 50% in children and 25% in adults
- c. b. Scabies is estimated to infest more than 2/3 of children in remote communities in their first year of life
- c. c. Comprehensive approach needed

3. Story

Local Story

Lots of notifications at clinic, Elders brought up as an issue, kids away from school

4. Takeaway

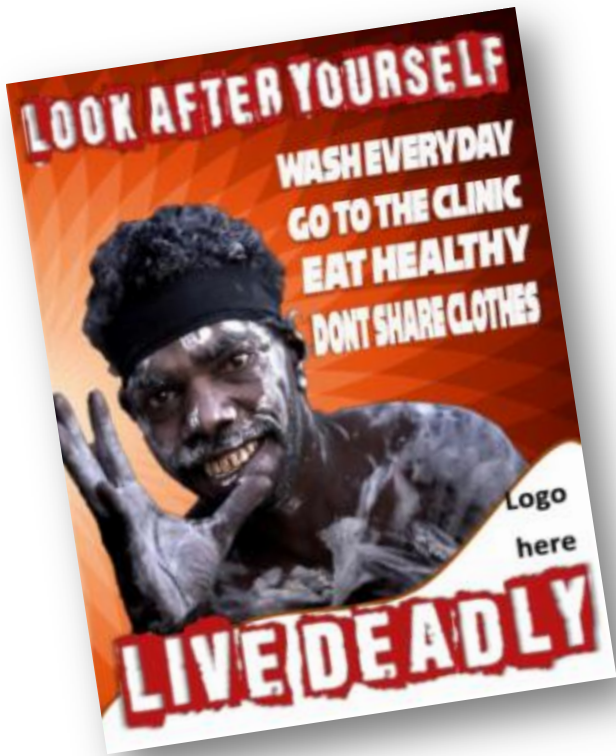
Key message

Wash your hands, clothes and bedding



Following the workshop

- Each project was matched with a local mentor
- Project plan & key messages were further developed
- PHAIWA & Nirrumbuk supported this process
- Follow up workshop
 - Challenges
 - Successes
 - Partners
 - Story telling



Caring for yourself and others is apart of the **LIVE DEADLY** campaign to promote the importance of

- Hygiene
- Visiting the clinic
- Trachoma awareness
- Living healthy in over crowded situations
- Preventing skin sores and infections

These messages will be promoted through radio, school talks, community meetings, posters and brochures as well as door to door.





Working together for a healthy future

Clean houses – happy people



- Warakurna needs you to clean up your yards
- The EHWs will only be cleaning your yard **ONE MORE TIME**
- NG Health have giveaways to those who keep their yards clean
- **YOU** pick up your rubbish, mow and rake your yards
- **WE** will spray your dogs, spray your house pests, plant trees in the street and take your old cars away
- **WE** will supply painted tyres for plants





Health Concerns with Air-Conditioners

1* Illness & Constant Fatigue;

Spending too much time in air-conditioned rooms, you may experience headaches and fatigue, which makes it easy for you to catch colds, flu's and breathing difficulties and other illnesses.

3* Effects Chronic Illness';

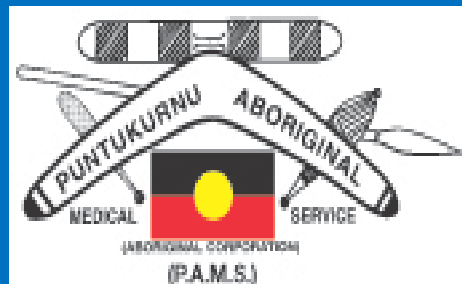
If you have High Blood Pressure and/or Arthritis, spending too much time in air-conditioned rooms can make it harder for you to control these illnesses.

2* Dry Skin;


Long hours in air-conditioned rooms, cause your skin to lose moisture and cause it to dry up.

4* Cant Deal with Heat;

When you spend too long in an air-conditioned room and come out, you could experience the effects of heat stroke. So when you leave an air-conditioned room, make sure you slowly adjust to the heat outside.







“Thanks again for your efforts in taking us through the workshop last week. I really enjoyed it and look forward to making some headway into putting the work into action.”

“It is only after the sessions that you find the outcome and I have, in listening to them talk among themselves. I reckon these couple of trips you made has made an impact on our team.”

Final words

- One of the most rewarding experiences I have had working in Australia
 - Privileged to be on Aboriginal Lands
 - Appreciated beyond expectations
 - Visible outcomes
- Metro issues pale into insignificance when you start to list the challenges EHWs face
- It has been a fantastic project to work in partnership not only with Nirrumbuk but the EHWs working in community